



SKIN TEAR

PREVENTION & MANAGEMENT

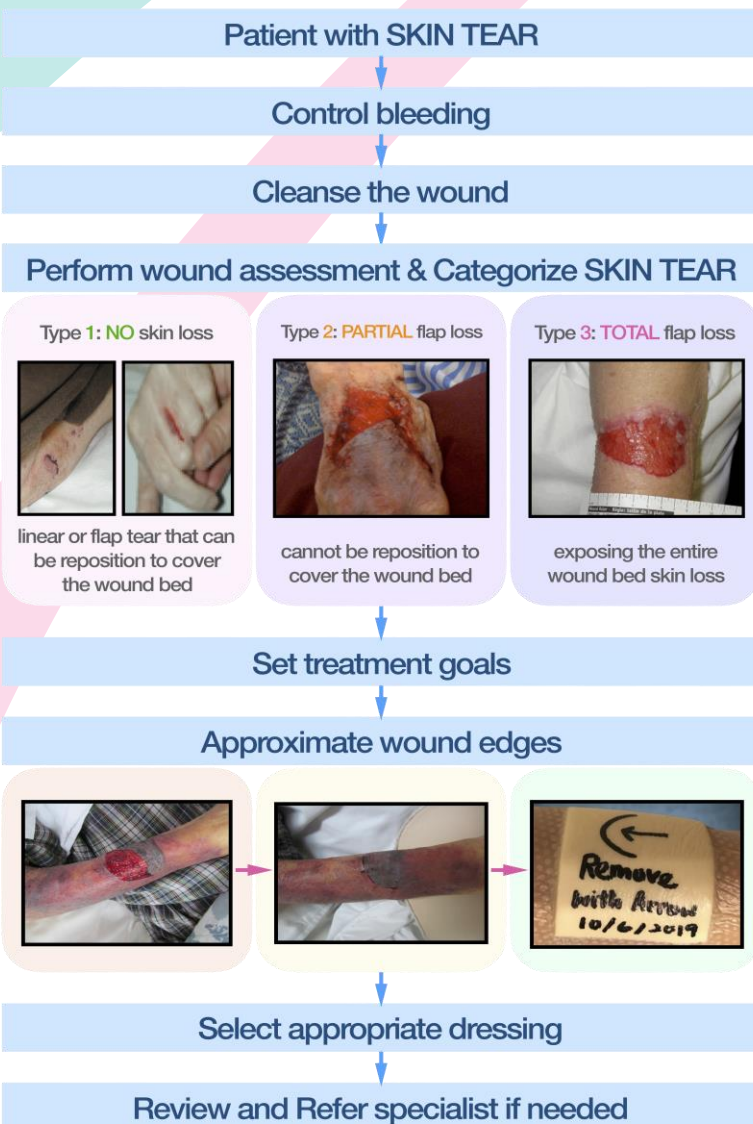
What is SKIN TEAR?

A wound caused by shear, friction, and / or blunt force resulting in separation of skin layers

PREVENTION of SKIN TEAR

- ✦ Perform risk assessment of skin tear
- ✦ Perform regular skin inspection
- ✦ Initiate fall prevention program
- ✦ Collaborate interdisciplinary team to optimize patient's health and skin condition
- ✦ Educate patient, carer and health care provider on the prevention strategies

CLASSIFICATION & MANAGEMENT



SPECIAL CONSIDERATION

- ✦ Use light crepe bandage or tubular bandage instead of adhesive tape
- ✦ Remove the dressing gently in the same direction as indicated

REFERENCE

- ✦ LeBlanc K, et al (2018). *Best practice recommendations for the prevention and management of skin tears in aged skin*. Wounds International.
- ✦ Wounds International (2017). *Managing skin tears in practice*. Wounds International, London.

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